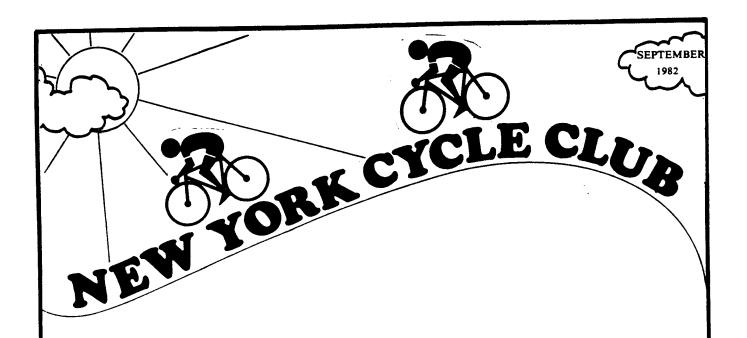
September 1982



DEALING WITH DOGS

In my many years of cycling I have met many of "mans best friends" under less than friendly circumstances. To a cyclist even the sweetest little puppy, when loose on the road, presents a hazard.

The hazard comes from the cyclists panic, more often than not.

Your best means of defending yourself are:

- 1) Out run dogs not yet on the road; judge closing speed carefully.
- 2) Slow down to a crawling coast for dogs on the road, yell aggressively not fearfully. If you use animal repelent, now is the time to spray; keep it low, as close to the dog as you can. Take note of wind and position of fellow cyclists.
- 3) Dismount as a last resort, especially if you wear cleats. A cleated cyclist off his bike is almost helpless. Do not try to remount if the dog is near. Remember that you will need more time to reach get away speed after dismounting.



Ride Listings

GUIDELINES FOR CLUB RIDES

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose physical or bicycle condition seem inadequate for the ride are to be turned back by the leader. Cur leaders are truly reluctant to do this, so please cooperate with them:

- Select rides within your capabilities avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up"; or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted denailleurs, no loose parts.
- 4) Ering water, snacks, spare tube, patch kit, pump and lights for after dark.

RIDE CLASSIFICATIONS

		MIDD OBMOOTH TOWN TOWN	
			Riding Pace 17+ mph
		Anything goes. Eat up roads, hills and all.	
"A":	SPORTS(WO)M	EN: Vigorous riding over hill and dale. High regard for good	14-17 mph
		riding style. Can take care of themselves anywhere. Stops every two hours or so.	
HDH.	TAHDICTC.		11 1/1 mmh
ь.		Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
"C":	SIGHTSEERS:	Leisurely to moderate riding. Destination oriented: nature,	Ն-11 mph
•		historical, cultural. Stops every half to one hour.	
"D":	BEGINNERS:	Very leisurely sightseeing. Discovering bike and their bodies;	less than
		training up to "C". Frequent stopping and regrouping. Do not	3 mph
		believe reports of merc mortals riding 100 miles or more in a day.	·

Any member may lead a ride. See the respective Ride Coordinator to submit a Ride Listing form.

Central Park Boathouse phone numbers are: 650-9521, 744-9813, 744-9814.

Sat-Mon Sep 4-6 "B-/B+" 120+ mi	LAMBERTVILLE/NEW HOPE WEEKEND Leaders: Martha Ramos (858-9142) and Marsha Taggart ((914)962-5991). Bike out or drive out, the choice is yours. Spend the Labor Day weekend in Lambertville, New Jersey, just a short walk from the heart of New Hope, Pennsylvania. The ride is 60 miles in each
1207 111	direction. This is a holiday weekend in a tourist area, so early reservations are a must. Contact the leaders for the name and phone number of the Inn, as participants are responsible for making their own arrangements. Optional trips include a visit to Peddlers Village, a tour
	that includes a covered bridge or a trip to Doylestown and the Marovian Pottery Factory. The biking group will return to New York on Monday morning. There will be two rides leaving that Saturday, one "B+", led by Martha, and one "B-", led by Marsha. The terrain is flat.

Sat-Mon NEW PALTZ PLUS BIKE CAMPING TRIP Leader: Lee Gelobter (646-7037). If you Sep 4-6 haven't reserved your place, it may not be too late. Ride 96 moderately hilly miles on Saturday and Monday. Sunday will be free to hike, swim, bike, etc. For meeting time, meeting place and further information, call Lee after August 25th (he'll be on vacation until August 30th, so don't call his work phone).

Sat, Sun & LEADERLESS RIDES Meet at the Central Park Boathouse at 8:30 am for an "A-" Mon Sep 4, ride of 50-70 miles. The destination will be determined by the riders who show up. As there is no leader, everyone is responsible for themselves. "A-"

Sat Sep 11
"A-" 80 mi
8:30 am
Kensico Reservoir to the Armonk and Mt. Kisco area for breakfast. We will avoid the Warburton Avenue route, at least on the way up. The ride is comparatively flat - that is, compared to what Westchester rides can be.

8:30 am

"C" 35 mi 9:00 am

Sun Sep 12 / INDIAN SUMMER BEACH FLING Leaders: Mike Antanis ((201)420-6232 after 5 pm Mon-Fri) and Phyllis Lehmann (636-6037). Meet at 9:00 am at Grand Army Plaza, Brooklyn (parking OK, also Nos. 2 and 3 trains to Grand Army Plaza or "D" train to 7th Ave.) for a ride to the beach (hopefully, Rockaway) with sun (hopefully) and swim (hopefully). Bring lock, spare, blanket, bathing suits and friends (definitely) for a good time (positively). and/or Jaws III cancel. Joint ride with AMC.

Sun Sep 12 "C" 40 mi 9:00 am

BRONX RIVER PARKWAY/KENSICO DAM BIKE TRIP Leader: Barry Soicher (884-1787). Meet at 9:00 am at Broadway and 242nd St. (No. 1 train to Van Cortlandt Park, parking also available) for a moderately paced ride with some hills, scenic Westchester roads, bike paths and the Bronx River Parkway (closed to cars for several miles) to the Kensico Dam for lunch. Bring lunch and water. Not recommended for beginners. An alternate route will be used if the Parkway is not closed. Joint ride with AMC and the Sierra Club.

Sun Sep 12 "A/B/C" 25-125 mi 6:30-10:00

THE HI-POINT HUNDRED Leader: The Paumonok Bicycle Clubs. This is a very popular annual event run by a consortium of Long Island bicycling clubs. Start at either Nassau Community College on Stewart Avenue in Garden City or Staller Office Park, 1455 Veteran's Highway in Hauppauge. Rides start as follows: double metric (125 mi) at 6:30 am; century at 7:00 am; half century at 9:00 am; quarter century at 10:00 am. There will be LAW patches free to all and AYH patches free to members and for \$1 to non-members. There is a \$4 registration fee if you sign up before Sept. 1st (use the coupon elsewhere in this Bulletin), and a \$5 fee if you sign up later. For more information, write to The Paumonok Bicycle Clubs, Inc., P.O. Box 7049, Hicksville, NY 11802.

Sat Sep 18 "C" 30 mi 9:15 am

STATEN ISLAND BIKE RIDE Leader: Susan Friedberg (974-1930). Meet at 9:15 am in Manhattan at the South Ferry vehicular entrance with your ticket or at 10:00 am in Staten Island on Richmond Terrace in front of Boro Hall. For all you zoo fanciers, particularly those who are passionate about snakes, we'll have a 30 mile ride on Staten Island with a stop at the zoo.

Sat Sep 18 "A-" 75 mi 8:00 am

SAGAMORE HILL Leader: Tony Mantione (497-4241 after 4 pm). Meet at 8:00 am by the Roosevelt Island Tramway Plaza at 59th St. and Second Ave. in Manhattan for a ride via Syosset and Cold Springs Harbor to Teddy Roosevelt's home in Sagamore Hill. There will be a major lunch stop just before Sagamore Hill and quick water and deli stops as needed.

Sun Sep 19 "C" 35 mi 10:00 am

CITY ISLAND BIKE RIDE Leader: Bob Ferguson (369-3656). Meet at 10:00 am at the southwest corner of Van Cortlandt Park (No. 1 train to Van Cortlandt Park) for a ride to a fishing, boating and eating paradise for city-bound New Yorkers. Sample the fabulous choice of eateries or bring lunch (and a lock, too). New members welcome. Joint ride with AMC.

Sun Sep 19 "A/B" 50-100 mi 7:00-10:00 GOLDEN APPLE CENTURY Leader: The Country Cycle Club of Westchester. Join the Country Cycle Club for what they hope will be an annual event. Ride either a century or half century, starting and finishing at the Crittendon School in Armonk. The century starts at 7:00 to 8:00 am and the half century starts at 8:00 to 10:00 am. There will be well marked routes, maps, cue sheets, patches, sag wagons, snacks, cider, ride marshalls and designated food stops. The registration fee is \$5 before Sept. 1st or \$6 after, including the day of the ride. For information and registration form send a business size self addressed stamped envelope to: Pat Donovan, 835 Quincy Ave., Bronx, NY 10465. The rain date is October 3rd. Ed Schweber may have some forms at the September Club Meeting, and is considering riding to the start from northern Manhattan (call Ed at 567-

2661).

"A" 100 mi 6:30 am

BEAR MOUNTAIN CENTURY Leader: John Lubaszka (523-2198). Meet at 59th St. and Fifth Ave. at 6:30 am for a prompt 7:00 am departure up the east side of the Hudson to Garrison in Putnam County, south to the Bear Mountain Bridge and down the west side of the Hudson. Maps of the route will be available; it is advised that you bring your own road map. All participants must have completed at least a 50 mile patch ride in 1982, and AYH members (with their pass) will receive a patch if this ride is completed in 10 hours or less. Joint ride with AYH.

Sat Sep 25 "C" 25 mi 10:00 am

PALISADES DRIVE BIKE RIDE Leader: Fabian Truncellito (home: 564-6592; work: 820-5177). Meet on the southwest corner of Broadway and 168th St. at 10:00 am or at the New Jersey end of the George Washington Bridge walkway at 10:30 am. Some waterfalls, no traffic. Some hills, no rush. Moderate pace for all two wheelers. Kids are welcome.

"A" 50 mi 8:30 am

Sat Sep 25 \(\frac{1}{2}\)HORSEPOWER MEASUREMENT IN NYACK Leader: Chris Mailing (879-6199). Meet at 8:30 am at the Central Park Boathouse for an easy "A" ride up to Nyack for breakfast. After breakfast, we will conduct time trials up a short steep hill in an attempt to measure individuals' horsepower output on the bicycle. This data will be turned over to Irv Weisman for his use in studying the effects of hills, gearing and horsepower output on cyclist performance. Make a note of your weight the morning of the ride for best results. "B" and "C" riders who join us at the Skylark Restaurant at Broadway and Main in Nyack at 11:00 am are welcome to participate in the time trials, also.

Sun Sep 26 / "B-" 60 mi · 9:30 am

LUNCH AT NORTHPORT Leader: Sara Flowers (544-9168). Beautiful, hilly ride to Northport for lunch in the park that looks out on a constant parade of boats. The return ride is less hilly, but still a good "B-". Meet at I.U. Willets School parking lot or call Sara Flowers for description of a route from the subway. Note: if you do ride to and from the subway, the ride becomes a "B" ride by adding 25 extra, flat miles. Bring or buy lunch. Two water bottles would be a good idea; also a pump and patch kit, of course. Forget about a lock, we will not visit any museums.

Sun Sep 26 "B" 100 mi 7:30 am

SEPTEMBER LAW "B" CENTURY PATCH RIDE Leader: David Miller (794-9365). Meet at the Central Park Boathouse for an easy century ride to Bear Mountain. We will go up the east side of the Hudson and return on the west side. I have worked out a way to avoid the three steep climbs on the way back. I have made them flat or downhill. Please bring your own snacks and lunch, as the Bear Mountain snack bar leaves a lot to be desired in the way of energy bike food. We should return to Central Park by 6:00 to 7:30 pm.

Sun Sep 26 "A-" 85 mi 7:30 am

HI-TOR REVISITED Leader: Doug Blackburn (888-0048 after 6 pm). Meet at the Central Park Boathouse at 7:30 am. We'll ride along the Saddle River to Hi-Tor Park. There will be a deli stop just before the Park. There may not be swimming at the pool this late in September but the park is lovely and uncrowded. Call Doug Blackburn for additional information.

Mon Sep 27 NEW YORK TO WASHINGTON IN 24 HOURS PRE-TRIP MEETING (See Ride Previews).

August Board of Directors Meeting

SUMMARY OF MINUTES (UNAPPROVED):

- The board dissected the July all-class club ride.
- 2. Marsha Taggart suggested a Long Island site for next summer's all-class ride.
- "Incentive programs" for rides coordinators and leaders were discussed.
- The next board meeting was scheduled for Tuesday, September 7, 1982.

DATE	RIDE	LEADER/CLUB	CLASS	DI	STANCE
10/3	Second Annual Bill Baumgarten Memorial				
	All Class Club Ride/Kingsland Pt.Pk.	Rides Committee	A/B/C		
10/8-11	Sullivan County October Rally (SCOR)	Catskill Wheelmen	A/B/C		
10/9-11	New York to Washington	Steve Bauman/AYH	A+	250	mi
10/10	Three Reservoir Ride	Lenihan &			
		Orentlicher	A-	85	mi
10/10	Bethpage Bikeway Tour	Lubaszka	В	55	mi
10/16-17	Twin Century Weekend to Bantam Lake	Lubaszka	A+	220	mi
10/17	Ridgefield Fall Foliage Century	Mailing	A	110	mi
10/24	Tree County 75 Mile Patch Ride	Lubaszka/AYH	A-	75	mi
10/24	"Get Thee to a Nunnery" Ride	Antanis & Lehmann	С	30	mi-
11/7	New Jersey or Bust	Antanis & Lehmann	С	40	mi

Every Saturday, when there is no "A" ride scheduled, a leaderless "A" ride will leave the Central Park Boathouse at 8:30 am.

PREVIEW LISTINGS

Fri-Mon Oct 8-11 "A/B/C"	SULLIVAN COUNTY OCTOBER RALLY (SCOR) Leader: The Catskill Wheelmen. Join the Catskill Wheelmen for their annual Columbus Day Weekend at the Tenanah Lake Lodge in Roscoe, New York. The New York Cycle Club is always well represented. Rides range from a 5 mile downhill ride with a truck to bring you back up the hill to a continuously rolling century with two 1000 foot climbs. The cost for October 8, 9 and 10 is \$68 and for October 8, 9, 10 and 11 is \$96. Children under 12 years will be \$52 or \$69 if they stay in the same room with their parents. There is also a \$10 registration fee. To register, use the coupon elsewhere in this Bulletin and enclose a check for the full amount payable to the Catskill Wheelmen, Inc., and send it to Robert J. Klein, 21 Katrina Falls Rd., Rock Hill, NY 12775.
Sat-Mon Oct 9-11 "A+" 250 mi	NEW YORK TO WASHINGTON IN 24 HOURS Leader: Steve Bauman/AYH (431-7100). If you wish to ride from New York to Washington in 24 hours over the Columbus Day Weekend, you must attend a pre-trip meeting on Monday, September 27 at 7:00 pm at AYH, 132 Spring St. in Manhattan. Details will be provided at the meeting.

FROM THE SECRETARY'S CORNER:

WEDDING

Bells (not whistles--they're illegal!) rang out again -- for two more NYCC'ers:
On July 19, PEG MUNVES and MOY WONG, deciding they were well-geared to each other, began cycling down life's road in tandem. Congratulations, and warmest wishes for a lifetime of love, wedded happiness, and smooth riding. Peg and Moy!

MOMINATIONS FOR 1983 OFFICERS

Et the September and October membership meetings, nominations for the club's II elective officers (listed elsewhere in the bulletin) will be accepted from the floor. All nominations must be reconded, and have the nominee's approval (no sneaking in of enemies' names!).

Any member may be nominated for any elective office, except that candidates for president and the vice-presidential offices must have been members for at least one year prior to taking office. Officers are eligible for re-election (except that a president may not serve more than three terms consecutively). The term of each office is one year.

Ballots, with return envelopes, will be distributed with the November bulletin, counted at the November membership meeting, and results announced at that meeting and in the December bulletin.

TRAINING WHEELS OR BIKING BY SUBWAY Martha Ramos

A number of members have commented on the rides that list starting points not in the Manhattan area. They also noticed that the write ups included instructions on how to get to the starting points by subway. When I initially started including this information in my ride write ups, I got numerous inquiries (still do) regarding the horrors awaiting any witless cyclist foolish enough to enter that hole in the ground.

I hope to address as many of these questions as possible in this two part series.

In a conversation with Larry Reilly, Bicycle Coordinator for the N.Y.C. Dept. of Transportation, he indicated that cyclists (with bikes, of course) on subways were in violation of section 701.12 of the Transit Authority rules. This is a vague description of what constitutes an illegal bulky article. While not specifically mentioned, bicycles are interpreted as being in violation of this section of the T.A. rules. Larry also supplied a newspaper article related to a court case in Dec. 1979. In this, a ticketed cyclist won his case and all charges were dropped. I was informed that this case did not set a precedence. With no other explanation offered I am still unclear why this doesn't represent a significant victory for cyclists in view of the fact that baby strollers are never ticketed and would seem to fit the description of a bulky article. It's interesting that they also are a form of transportation that uses wheels. Possibly some of our own legal "wheels" could lend some insight into what does and does not constitute a precedent.

"So why risk a ticket and the inherent dangers of riding the subway", you ask.

My basic reasons for use of available mass transportation relates to our club membership. The majority of whom live in the city and find it is not advantageous to own a car (a bike or 2 or 3 yes, but a car?). Even after taking the subway you may still have to ride before leaving city streets, but it is preferable to ride 10 miles over less congested streets than 20 or more traffic filled ones. It increases the range of rides available to our less skilled members. Even for our stronger riders it eliminates the unpleasant need to travel on traffic congested streets and surfaces that could rival routes favored by dirt bikers (uneven pavement, debris, pot holes, cobble stones, broken glass, expansion joints, elevated subway structures, exposed trolly tracks, etc.).

Now you have the legal and logistical reasons in favor of subway use. Next month the practical approach to taking your bike on the subway or "Subways and Bicycle Etiquette".

"SCOR '82" Application

Na	ım (:		#	in group	·
Ad	idi	ress:			Zip:	
Te	:le					
			8,9,10 - \$78.00			
()	October	8,9,10,11 - \$106.00			
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Membership Update

Margery Carazzone	51 W. 81st St. #5G	N.Y. 10024	595-5055
Gerald Grunblatt	31 E. 31st St. #12C	N.Y. 10016	684-3656
W. Michael Keenan	233 E. 69th St. #9A	N.Y. 10021	734-8809
Maryvonne B. LeTord	74 Bank St.	N.Y. 10014	807-1195
Jackie Plate Rick Plate	648 Second St. #3	B'klyn 11215	788-1322
Sherry Pollack James F. Quick Robert Raiano David Schlichting Mark S. Smith	200 W. 79th St. #2H	N.Y. 10024	877-3403
	1560 Rhinelander Ave.	Bronx 10461	824-4436
	146-20 86th St.	Queens 11414	641-5080
	80 Kingsbridge Rd.	Great Neck 11021	(516)482-3423
	11 Riverside Dr. #12NW	N.Y.10023	580-4775

September Club Meeting Program

SEPTEMBER MEETING: SOLO SUPER TOURING IN BRAZIL AND SOUTH ARFICA

Now that you are far into your cycling season, and you are proud of how independent you have become on your bike----come to the September meeting and be intimidated or inspired. NYCC member and super tourist Lew Bodak will present a slide show and commentary on his recent solo bike tours in Brazil and South Africa. If you caught Lew's program last year on his bike tour of the French Alps you will not possibly want to miss this program. Besides intimidation or inspiration, Lew will give you practical suggestions for planning your own super tour----with or without companions.

Begin the evening at 6:00 PM at Artemis Restaurant, 76 Duane Street (just off Broadway, two blocks no th of City Hall) on September 14. We will eat at 7:00, have our business meeting about 8:00, and begin the program between 8:30 and 9:00.

See you there!

Sara Schell Flowers, Programs

	8	NEW YORK CYCLE CLUB, INC. P.O. Box 877 Brooklyn, NY 11202					
	res for hade	PRESIDENT	TREASURER	"A" RIDE COORDINATOR	SECRETARY		
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809	30.00 20.00 15.00 3.00 Editor. e Labor for Day m or Day m or Day m	V.P. PROGRAMS	EDITOR/A.D.	"B" RIDE COORDINATOR	CIRCULATION MANAGER		
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Commen	Placeme Any mer for the Any mer \$5.00 mer cla Board of Fire Bulk to the Bulk t	324 E. 82nd St. #3C NY NY 10028 879-6199	75 Henry St. #16G Brooklyn, NY 11201 858-9142	621 Carroll St. Brooklyn, NY 11215 636-6037	20-44 23rd St. Ametoria, NY 11105 278-5562		

The day started off cool, but promised to be hot; it became animal hot. The A+ group was big, way too big. There were at least 30 normally strong, sensible riders out to "eat up the road, hills and all"; cars and all, too.

We cooked along Queens Blvd, ran the lights, barely looked. Normally its 'look, all clear, roll through'. With 30 riders on your tail you're afraid to use your brakes; you take a quick look and go through anyway.

Your adrenaline pumps when you're 'in the Pack'...conscious thought subsides, instinct takes over...you are as one within the Pack. Stay with the Pack, don't lose the Pack...left turn coming up on Jewel Ave., you have the green light, no on-coming traffic...lean into a hard, fast left from the service road-LOOK! Over your shoulder cars coming from the main road, doing 50 at least- too late to stop now, sprint for your life! You clear, just barely, but nothing can stop you, you're 'in the Pack'.

That stops me. I drop back about a block, take an easy pace, watch the lights, and the cars. Instincts stay sharp, but conscious thought resumes. Insanity! Will cars hit you less hard or make you less dead because you're 'in the Pack'? Is Wheatley Rd the place to ride 4 across? Why can't you let that overly patient driver pass? Does it hurt to know that even an old station wagon can go faster than the 'allmighty Pack'?

What went wrong? Why did normally careful, considerate riders turn into rude, dangerous animals? The size of a group contributes heavily to the 'Pack mentality' described above. The kind of road also plays a part.

The roads that we were on were narrow, had no shoulder, and had many blind curves. Single file and no more than 10 to a group is the way to take such roads. With a large group such as ours, a gap of about a block can be kept between each pack of 10. In this way one leader can lead the front pack while the other packs follow, but keep their distance.

On wide, open highways, and on desolate farm roads, riding two abreast is fine; it shortens the pace line and cuts the time it takes for cars to pass us. We were not on such roads and we should have known better.

Please remember that while we all enjoy good sport on the road, our rides are not races; they are friendly outings. If you are compelled to push the pace and be first, the CRCA would be glad to have you, but I don't think we need you.

NEW YORK CYCLE CLUB RIDE LISTING SUBMISSION

Date	Day		Titl	e			· · · · · · · · · · · · · · · · · · ·
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	•• (C" rides	Phyll:	is Lehman	nn 631	6-6037	

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, it's officers and ride leaders blameless in case of accident.

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WHERE DID YO	U HEAR OF N.Y.C.C.?		
OTHER CYCLIN	G CLUB MEMBERSHIPS		
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	The New York Cycle Club,	Inc.	

The New York Cycle Club, Inc. P.O. Box 877
Brooklyn, N.Y. 11202



DAVID C. MILLER 410 East 75th Street #1C New York, New York 10021 212-794-9365





Christopher Mailing Gloria Lasoff 324 E 82nd St #30 NY, NY 10028

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